

**KEEP FROZEN
COOK THOROUGHLY
ITEM # 55150**

1944



HUSHPUPI

INGREDIENTS: Onions, Enriched Yellow Corn Meal mononitrate, riboflavin, folic acid), Water, Enriched B Iron, thiamine mononitrate, riboflavin, folic acid), Soybean buttermilk, salt, leavening (sodium bicarbonate, sodium guar gum).

Contains: Wheat, Milk, Soy, and Eggs.

COOKING INSTRUCTIONS:

Deep Fry: For best results, thaw for 30 minutes, deep fry
Bake: For best results, do not thaw. Pre-heat oven to 400°F and place on center rack of oven. Bake for 14 minutes.

FOR FOOD SAFETY AND QUALITY:

Carefully follow thawing and cooking instructions.
Internal temperature should reach 165°F.
Refrigerate leftovers.

Distributed by America's Cat

SHIP 24
ROUTE 2
DELIVERY DATE 08-21-2012
ORDER 9190946
SUPPLIER 1944
ITEM CODE 594001
America's
BCT 3 2-2
ROW 8 2
SCAT 8 2
CAUDILL MIDDLE SCH
100038248
Freezer
2-2



Nutrition Facts

Serving Size 3 hushpuppies (52 g)
Servings Per Container about 87

Amount Per Serving		% Daily Value*	
Calories 130		Calories from Fat 40	
Total Fat 4.5g			7%
Saturated Fat 0g			0%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 400mg			17%
Total Carbohydrate 20g			7%
Dietary Fiber 1g			4%
Sugars 2g			

Protein 2g	
Vitamin A 0%	Vitamin C 2%
Calcium 4%	Iron 6%

* Percent Daily Values are based on a diet of 2,000 calories.
Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat. Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4